

Chetna Vikas Mulya Shiksha
Code- SC -360

Max Marks- 100 Marks

External: 70 Mark

Internal: 30 Mark

Learning outcomes: After completion of the course, student-teachers will be able to:

To develop the understanding about:

- Humanity, Human Mindset, Humane Conduct and Universal Order in Nature & Existence.
- Evaluating and understanding the difference between Animal and Human consciousness.
- To ensure sustainable happiness and prosperity, which are the core aspirations of all human beings?
- To facilitate the development of a holistic perspective among students towards life and profession as well as towards happiness and prosperity based on a correct understanding of the human reality and the rest of existence. Such a holistic perspective forms the basis of Universal Human Values and movement towards value-based living.
- Life and values pertaining to Individual, Family and Society.
- Harmony in Environment, Nature and Existence.

Unit-I- Understanding of Human Being and Human Values and Humane Conduct

- Understanding the harmony in Self and Body
- Understanding Human being and Human Goal
- Humane Character and Morality
- Relationships and Justice (Nyaya) within Family & Society
- Relationship of Human being with Nature (Environment)
- Human Behavior, Humane instincts and Personality

Unit-II- Significance of Value Education

- Problems faced by the Humanity related to human value
- Social and Family disintegration
- Stress and conflict in individuals
- Significance of Value Educations for solving the human problems

Unit-III- Understanding the Values

- Eternal Values : Trust, Respect, Affection, Care, Guidance, Reverence, Glory, Gratitude, Love
- Behavioral Values : Complementariness, Compliance, Ease, Commitment, Unanimity, Self-restraint, Obedience, Spontaneity, Generosity
- Human Values
- Self (Jeevan) Values : Happiness, Peace, Satisfaction, Continuous happiness Material Values

Unit-IV-Understanding Existence & co-existence and the Interrelationships in Nature.

- Understanding the Existence & Co-existence / Nature
- Understanding the order, co-existence and interrelationships, Mutual Fulfillment and Cyclicity (Avartansheelata) in nature
- Problems faced by the Humanity
- Ecological and Environmental imbalances

Unit- V- Harmony and Values in Family

Family and Relationships: meaning, need, importance and purpose.

- Human relation: types and purpose.
- Meaning and purpose of fulfillment in relationships and Justice in relationships.
- Understanding values in family-relations, Importance of ethics and character.
- Family-work and Goal (Living with resolution and a feeling of prosperity, and participation in society).
- Reasons for breaking up of families and relationships.
- Purpose and need of marriage (vivaah sambandh) and a study of reasons and tendencies for breaking up of marriages.
- Comparative study of concept of a family and a family-based village governance order.

Sessional-Work (Any two of the following)

- A Report of a programme organized under the Chetna Vikas Mulya Shiksha programme.
- Propose a broad outline for Humanistic Constitution at the level of Nation.
- A Critical study of value based book or work in any organization.

References

- A Nagraj (1998). Jeevan Vidya Ek Parichay .Divya Path Sansthan: Amarkantak.
- P.L. Dhar, RR Gaur (1990). Science and Humanism. New Delhi: Common Wealth Publisher.
- A.N Tripathi (2003). Human Values. New Delhi: New Age International Publishers.
- B.P. Banerjee (2005). Foundation of Ethics and Management, New Delhi: Excel Book Pvt. Ltd.
- Study Material provided by Jeevan Vidya Study Centre. Somaiya Vidya Vihar.
- R.R. Gaur, R. Sangal, G.P. Bagaria (2009), A Foundation Course in Human Values and Professional Ethics. New Delhi: Excel Book Pvt. Ltd.